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The chart data were extrapolated from the sources above. HumanHerbivores.com would like to express its sincere gratitude to these sources.

The water data come from Mekonnen & Hoekstra, and include water use during the growing period only of crops and animals.
The greenhouse gas (GHG) data come from Poore & Nemecek, and include GHG emissions from any land clearing through retail store energy use.
The land data come Poore & Nemecek, and include land use for the growth of food crops, animal feed crops, and animal occupancy.